

Hawaii Marine



Cpl. Donald J. Palmire | U.S. Marine Corps Forces, Pacific

The U.S. Marine Corps Forces, Pacific Band celebrated Independence Day with the community of Kailua, by marching in the city's annual Independence Day Parade.

Kailua celebrates freedom with parade

Lance Cpl. Suzanna Knotts
Marine Corps Base Hawaii

KAILUA, Hawaii — Clear skies and warm temperatures accompanied patrons attending the Fourth of July parade in Kailua commemorating the nation's independence 237 years ago. Service members, their families and Kailua residents celebrated, by cheering as the parade participants marched on, July 4.

Red, white and blue were represented in full force, adorned in multiple ways, from flags in all sizes to outfits and painted faces.

Roger and Kathy Allen, residents of the Island of Molokai attended the parade because of their personal history with the Kailua celebration.

"My father, who was former Hawaii National Guard Col. John Campbell, was one of the first organizers for this parade," Kathy said. "He would attend meetings with the American Legion in the fall, organizing the parade and planning the route. We are so proud of it and how much it has grown. It's so memorable for me to stand in front of my mother's house and see everyone celebrating."

Marines from U.S. Marine Corps Forces, Pacific Band, marched and played a variety of songs, like "The Marines' Hymn," "Battle Cry of Freedom" and the theme from "Hawaii 5-0."

Lance Cpl. Ryan Sitka, a trumpet player with MarForPac Band and native of Bristol, Conn., said this year's parade was a better turnout then he has seen in Waikiki in past years.

"I think the great turn out was due to the fact that it was a local parade, so the local pride was present," Sitka said. "It was exciting to see all the people supporting troops and singing along to the songs. I'm glad I was able to perform because I see first hand that people look up to us as service members representing a prime example of what the United States and the Marine Corps are about."

Col. Brian P. Annichiarico, the commanding officer of Marine Corps Base Hawaii, rode in a late model Corvette along the parade route as well as veterans, politicians and service members from all the branches, representing the important roles they play for our country.

Kathy Allen looked on in awe and

excitement as the parade passed by, recalling the years in the past and looking forward to future parades.

"I remember when I was 10-years-old, participating as a Majorette," Allen said. "My sister also participated one year, rollerblading along the parade route. My most memorable parade was our country's 200th birthday celebration. But this year was wonderful. Everyone was so patriotic, wishing each other a Happy Fourth of July. My dad would be so proud if he was here."

Roger also reflected on past parades and why they are important to him.

"This parade has grown so much," he said. "It's a good way to celebrate our country's birthday and celebrate our troops and their sacrifice at the same time."

Surfing to heal, help

Kristen Wong
Marine Corps Base Hawaii

EWA BEACH, Hawaii — Sgt. Rafael Cervantes remembers his first time learning to surf. He went to White Plains Beach during a session with AccesSurf, a nonprofit organization which provides surfing lessons for people with disabilities or special needs.

The 24-year-old spent two and a half hours on what he called a "beautiful day," and caught his first wave. Although an injury he has occasionally makes balancing on the surfboard difficult, he continues to enjoy the activity that helps him decompress.

"Nothing else matters at the time," Cervantes said. "It's just the water and you."

Cervantes has been attending AccesSurf sessions since October 2011. The San Diego native is a wounded warrior with Wounded Warrior Battalion West - Detachment Hawaii, makes an effort to go every chance he has.

"(Surfing provides) that great

See SURF, A-7

FIXED WING ON STATION F/A-18 HORNETS ARRIVE AT MCB HAWAII



Cpl. Matthew Callahan | Hawaii Marine

F/A-18 Hornet aircraft with Marine All Weather Fighter Attack Squadron 112 are taxied into a staging area after arriving at Marine Corps Air Station Kaneohe Bay, Tuesday. The squadron, based in Fort Worth, Texas, is beginning their Marine Corps unit deployment program in Hawaii, where they will support Marines with 2nd Battalion, 3rd Marine Regiment and 1st Battalion, 12th Marine Regiment with close air support during Exercise Lava Viper at Pohakuloa Training Area on the Island of Hawaii.



Flightline freedom
Runners celebrate Fourth of July with Runway Run, **B-1**



Hot in here
MAG-24 units cook chili, compete for prizes, **C-1**

Saturday
High 85°
Low 74°

Sunday
High 86°
Low 73°

NEWS BRIEFS

Wash-n-Go Car Wash will be renovated

The Wash-n-Go Car Wash located in building 6648 will be temporarily closed from Monday to July 31 due to renovations. The manual car wash in building 98 will be open. For more information, call 254-2775.

Saturday urgent care walk-in clinic closes

Naval Health Clinic Hawaii will no longer offer its Saturday urgent care walk-in clinic at Branch Health Clinic Makalapa. All clinic operations will be closed, to include pharmacy, lab and central appointments, as a result of sequestration. Beneficiaries can speak to a health care provider after hours by calling the “Provider After-Hours Advice Line” at 473-0247, ext. 3. For emergencies, dial 911 or go to Tripler Army Medical Center. For active duty dental emergencies, call 864-4705.

Hear rock band “The Green” in free concert

“The Green” will perform live on the green at the Klipper Golf Course on Friday, July 26 at 7:30 p.m during the Klipper Summer Bash. This free concert also features a performance by the Marine Forces Pacific, Band, beginning at 6:30 p.m. Beach and lawn chairs welcome. No coolers or outside food and beverages. For more information on the Summer Bash, visit www.mccshawaii.com/summerbash or call 254-2107.

Boost your professional development in resume workshop

Learn how to create and better develop your resume with this workshop scheduled for July 17 in classroom 3 of building 267 from 9 to 11 a.m. Open to all military ID card holders with base access. Reservations are required. The next workshop is scheduled Aug. 14. For more information, call 257-7787 or 257-7790.

Take a free hike with the Single Marine and Sailor Program

See the sights on the trail in Moanalua with a free hike, July 21 for single or unaccompanied Marines and sailors. Participants will meet up at Kahuna’s Recreation Center at 9 a.m. and take free transportation to the trail. Wear sturdy walking shoes and sunscreen. Water and snacks also recommended. Deadline to sign up is July 18. For more information, call 254-7593.

Environmental department to close Fridays

The Environmental Compliance and Protection Department offices will close weekly on Fridays due to furloughs. The closures are scheduled for up to 11 days between July 12 and Sept. 20. Office closures will affect the environmental staff in buildings 1359 and 1360 and the base recycling center at building 132. The Hazardous Material Minimization Center, Reuse Room (building 6407) and the Base Hazardous Waste Accumulation Site (building 6409) are not affected by the furlough and will remain open Monday through Friday, 7 a.m. to 3:30 p.m. For inquiries, contact Capt. Derek George at 257-5640 or derek.george@usmc.mil.

Find support at the Exceptional Family Member Program Coffee Hour

Join other families and EMFP staff for the EMFP’s Coffee Hour scheduled for July 23 at 8:30 a.m. at Starbucks. For more information, call 257-0290.

Important phone numbers

On-base emergencies	911
Child Protective Service	832-5300
Fraud, Waste, Abuse & EEO	257-8852
Base information	449-7110
MCB Hawaii Chaplain	257-3552
DEERS	257-2077

Hawaii Marine

www.mcbhawaii.marines.mil

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JAPANESE MINISTER OF DEFENSE VISITS PACOM



Petty Officer 1st Class Danny Hayes | Defense Media Activity – Hawaii News Bureau

CAMP H.M. SMITH, Hawaii — Navy Adm. Samuel Locklear, commander, U.S. Pacific Command, hosts Itsunori Onodera, Japan minister of defense at PACOM Headquarters, July 3. Following his arrival and greeting key members of the admiral’s staff, Locklear and Onodera discussed the Japanese and U.S. military partnership and future strengthening of the military alliance. Onodera also honored American veterans at the National Memorial Cemetery of the Pacific.

KIDS CREATE, READ AT ‘BOOKS ON BASES’



Lance Cpl. Suzanna Knotts | Hawaii Marine

Michael-Logan Jordan, a Blue Star Families Milkidz Club member and Marine Corps Base Hawaii resident, reads Mac Barnett’s book “Billy Twitters and His Blue Whale Problem” to children during a Blue Star Families Books on Bases event at the base library, Thursday. Blue Star Families is a national nonprofit organization created to support military families. The Walt Disney Company donated books to the first 100 children attending. The children also colored and made tiaras out of pipe cleaners during arts and crafts time. The Blue Star Families Books on Bases event was created to encourage reading and donates books to military children from several sponsors.

REGISTRATION AT YOUR DOORSTEP



Christine Cabalo | Hawaii Marine

Dan Medeiros, an auxiliary game warden at the Provost Marshal’s Office, checks the identification microchip of 4-year-old dog Koda, July 3. He and other PMO representatives assisted Cpl. Colby Masson, an airframes mechanic with Marine Light Attack Helicopter Squadron 367, and others in the base community with pet and decal registrations during an Officer Friendly Program event. Representatives from PMO were also available to answer questions about their office’s crime prevention services and offer safety tips.

AROUND THE CORPS

1st MLG celebrates 66th anniversary

Courtesy story
1st Marine Logistics Group

MARINE CORPS BASE CAMP PENDLETON, Calif. — Marines and sailors with 1st Marine Logistics Group celebrated the unit’s 66th anniversary aboard Marine Corps Base Camp Pendleton, Calif., July 1.

First MLG was originally called 1st Combat Service Group and was formed at Pearl Harbor, Hawaii, July 1, 1947. The unit was renamed the 1st Force Service Regiment, March 1, 1957.

In a ceremonial speech, Brig. Gen. John J. Broadmeadow, commanding general, 1st MLG, emphasized the unit’s storied past and its importance to the Marine Corps’ combined-arms approach.

“From Inchon all the way to Chosin and the extended campaigns in Korea, Marines from the 1st Force Service Regiment fought side-by-side with our brothers from the 1st Marine Division,” said Brig. Gen. Broadmeadow, a native of Pawtucket, R.I. “In the 1970s and into the 80s, we refined the (Marine Air-Ground Task Force) and added the logistics group (to the MAGTF). Throughout Desert Shield and Desert Storm, our logistics effort to build up all those forces really came into its own.”

First MLG supports the 1st Marine Expeditionary Force with six logistical capabilities: transportation, engineering, maintenance, supply, health-care and clerical services.

During the ceremony, Brig. Gen. Broadmeadow attached



Lance Cpl. Shaltiel Dominguez | 1st Marine Logistics Group

Brig. Gen. John J. Broadmeadow (right), commanding general, 1st Marine Logistics Group, attaches battle streamers to 1st MLG’s battle colors during the unit’s 66th anniversary aboard Marine Corps Base Camp Pendleton, Calif., July 1. The Marines and sailors of 1st MLG have participated in every engagement involving the Marine Corps since the Korean War.

battle streamers to the unit’s battle colors, signifying the unit’s participation in every Marine Corps engagement since the Korean War and celebrating the many honors the unit has received.

Looking forward, it is important for 1st MLG to integrate combat capabilities and keep up with ground combat

units in order to support them, said Brig. Gen. Broadmeadow.

“Throughout the last 12 years, we’ve seen 1st MLG undergo structural changes,” said Brig. Gen. Broadmeadow. “We’ve embedded true combat capability (to 1st MLG). Our young Marines and sailors run the length and breadth of Helmland province,

Afghanistan, more than any other organization out there.”

Whether it be engineers from the 7th Engineer Support Battalion tackling improvised-explosive devices, Marines from Combat Logistics Regiment 15 conducting resupply patrols, or corpsmen from the 1st Medical Battalion’s Shock Trauma Platoons providing

immediate care to casualties, the Marines and sailors of 1st MLG remain at the forefront of the battlefield, supporting the infantry.

“What makes us unique is our understanding of the balance between all MAGTF elements,” said Brig. Gen. Broadmeadow. “Marines in this organization truly understand

Vietnam hero visits MCB Camp Lejeune



Lance Cpl. Shawn Valosin | 2nd Marine Logistics Group

First Lt. Patrick “Clebe” McClary speaks to service members of 2nd Maintenance Battalion, 2nd Marine Logistics Group, July 2, aboard Marine Corps Base Camp Lejeune, N.C.

Lance Cpl. Shawn Valosin

2nd Marine Logistics Group

MARINE CORPS BASE CAMP LEJEUNE, N.C. — Service members with 2nd Maintenance Battalion, 2nd Marine Logistics Group got a surprise at work July 2 when a Vietnam-era Marine visited them. First Lt. Patrick “Clebe” McClary, a recipient of the Bronze Star, the Silver Star and three Purple Heart Medals, visited the Marine Corps Engineer School, also was asked to come speak with the battalion.

“I was really challenged by his warrior spirit, transparency and the esprit de corps he has in his heart for all Marines,” said Lt. Col. Craig C. Clemans, the commanding officer for 2nd Maintenance Battalion. “Any Marine who can endure two years in a hospital with more than 30 surgeries, and forty years later come to the battalion’s door step ‘fired up’ as he was, absolutely commands our respect and full attention.”

McClary resigned from a college coaching position in 1967 after witnessing an American flag being burned by students protesting the Vietnam War. He then volunteered to join the Marine Corps and attended Officer Candidate School. Following OCS, McClary was given the job of platoon commander for 1st Reconnaissance Battalion. In a battle during the Vietnam War, he lost his left arm and left eye after three

separate grenades exploded. Despite his injuries, McClary continued to lead his men until losing consciousness.

“His speech was very motivational,” said Pfc. Devin Woodson, the company clerk with 2nd Maintenance Battalion. “He was very real, and full of that ‘good old Marine Corps spirit.’ It really makes you think about life and the things we take for granted.”

During his speech McClary talked about the importance of communication in relationships and the military. He also spoke of the value of life and how many active duty service members commit suicide every day.

“It’s all right to give out, but never give up,” McClary said. “Suffering produces endurance, endurance produces character, character produces hope.”

McClary works out regularly and makes light of his injuries. He also carries a Bible with him wherever he goes that has photos of his loved ones inside, and encourages people to have faith in their lives.

“Despite not being physically whole, Lt. McClary is the embodiment of the ‘whole Marine concept,’” Clemans said. “It is a profound privilege for us to stand on his shoulders and carry on all that is honorable in the title ‘Marine.’”

Despite his injuries, McClary still runs on the beach with his dog, Chesty Puller, and says he loves to fish and hunt.

Marines, sailors, soldiers train together in Exercise Platinum Lion 13

1st Lt. Hector Alejandro

Black Sea Rotational Force

NOVO SELO TRAINING AREA, Bulgaria — Nearly 200 U.S. Marines and sailors with Black Sea Rotational Force 13 joined soldiers from Bulgaria, Romania and Serbia, today at Novo Selo Training Area, Bulgaria, to mark the official start of Exercise Platinum Lion 13.

Platinum Lion, which will run through July, marks the first time a force will operate out of the new administrative and support facilities constructed in Novo Selo, which were completed in December 2012.

The exercise allows U.S. military forces and soldiers from the Bulgarian 3rd Mechanized Infantry, Serbian 21st Infantry Battalion, and Romanian 20th Infantry Battalion, to practice stability, counterinsurgency, and peacekeeping operations in order to build partner nation capacity, enhance interoperability between countries and increase the overall effectiveness of the participating partnered nations.

During Platinum Lion, Golf Company Marines will work with Weapons Company Marines and various BSRF-13 attachments to demonstrate U.S. Marine Corps tactics, techniques and procedures. The demonstrations will include partnered and integrated convoy escort operations, sniper live-fire exercises, combat lifesaving classes, combat marksmanship live-fire exercises, and squad and platoon live-fire exercises.

An additional focus of the exercise is strengthening existing regional partnerships and encouraging the establishment of new relationships through the exchange of mission-focused knowledge and expertise so each participating country can improve capabilities to operate independently.

The BSRF is a Special-Purpose Marine Air-Ground Task Force with crisis response capabilities deployed to the region to enhance interoperability, promote regional stability and build camaraderie amongst the forces. This is the fourth consecutive year BSRF visits the region and maintains a primary presence in Mihail Kogalniceanu Military Base, Romania.



1st Lt. Hector Alejandro | Black Sea Rotational Force

Lt. Col. Steven M. Wolf (left), commander of Black Sea Rotational Force 13, and Bulgarian Army Col. Iavor Mateev (right), the officer in charge of Bulgarian forces participating in BSRF-13, speak with Bulgarian, Serbian, Romanian and American company commanders at Novo Selo, Bulgaria, following an opening ceremony, July 1.



Marine Heavy Helicopter Squadron 463 Cpls. Andrew Dropick (right) and John Pickering decrease the air pressure in the landing gear of the CH-53E helicopter, lowering the airframe enough to clear the opening of the AN-124's cargo hold when being towed inside at Marine Corps Air Station Kaneohe Bay, Saturday.



ABOVE: Marine Aircraft Group 24 Marines push the airframe of a CH-53E from Marine Heavy Helicopter Squadron 463 toward the Antonov AN-124 for loading at Marine Corps Air Station Kaneohe Bay, Saturday. Once the front landing gear of the helicopter was positioned at the bottom of the loading ramp, the AN-124's loadmaster attached a winch from the plane and towed the CH-53E into the cargo hold.

MAG-24 transports helos, equipment in behemoth Russian aircraft



ABOVE: Marines use 5-ton jacks to lift a UH-1Y Venom helicopter from Marine Light Attack Helicopter Squadron 367 "Scarface" to put scales beneath the aircraft for weight verification at Marine Corps Air Station Kaneohe Bay, Saturday. Being an Air Mobility Command mission, airmen from the 735th Air Wing out of Joint Base Pearl Harbor Hickam, Hawaii were present Saturday to conduct a joint inspection with the Marines, ensuring all loaded equipment was safely secured and airworthy for the flight.

Story and photos by
Cpl. Matthew A. Callahan
Marine Corps Base Hawaii

Marine Aircraft Group 24 personnel prepared and on-loaded a number of their rotor-winged aircraft and equipment into the massive fuselage of an Antonov 124 at Marine Corps Air Station Kaneohe Bay, Saturday.

A UH-1Y Venom from HMLA-367 "Scarface" and CH-53E from HMH-463 "Pegasus" were two of several aircraft on their way to Miramar, Calif., to be reassembled, tested and flown to Marine Corps Air Ground Combat Center, Twentynine Palms, Calif., to support the Integrated Training Exercise.

Though Marine aircraft have been transported in the massive Russian cargo plane before, it is not a frequent occurrence.

Chief Warrant Officer Ohcan Nicolas, MAG-24's mobility officer, explained the reasoning behind the utilization of the foreign carrier.

"It's an Air Mobility Command mission that cannot be filled with (Air Force) C-117 or C-5 cargo planes because of a lack of availability" he said. "When those two aircraft are not available, AMC puts out a bid for a carrier to transport our birds and equipment."

The offer to transport is looked at by multiple Freight carriers and was accepted by one flying the AN-124, an aircraft bigger than the C-5 Galaxy and the second largest cargo plane in the world.

Before the

squadron's rotor-winged assets could be loaded onto the titanic air transport, the larger CH-53E needed to be taken apart. Marines removed the main gearbox, the tail rotor box and the blades of the heavy transport helicopter, stowing the larger components separately and mobile loading the blades into the fuselage of the CH-53E.

The smaller UH-1Y Venom helicopter was stocked with maintenance equipment and weighed before loading. Accompanying the Marines for the loading operation were airmen from the 735th Air Wing from Joint Base Pearl Harbor-Hickam, Hawaii.

"We come out here to inspect all of the equipment and ensure it's airworthy," said Air Force Staff Sgt. Kenneth Dell, and air transportation specialist.

Because the operation was an AMC mission, the Air Force was required to send personnel here to inspect the cargo being flown.

"Part of what we do is make sure all the nets and everything on the palettes and in the aircraft is properly strapped down and to make sure any and all hazardous materials are able to be flown together," Dell said.

After ensuring everything was safe to fly, the Marines responsible for loading transported the helicopters across the flight line and into the open nose of the cargo plane.

"We're here to do what the loadmasters of the (AN-124) aircraft tell us to do," said Sgt. Christopher Burke, an airframes collateral duty quality assurance representative with HMLA-367. "We help chain the aircraft and equipment down and make sure it's secure in the plane. We're the hands in the operation."

The rest is left to the flight crew of the cargo plane, according to Burke. The loadmasters are responsible for where the cargo will go in the aircraft, accounting for the position of the cargo in the planes fuselage, the heaviest items going under the wingspan for correct center of gravity.

Along with the helicopters, communications gear, air conditioning units, maintenance equipment and authorized medical allowance list gear was stowed on the Russian plane for transport in conjunction with the needs of the Marine Corps to support the ITX.



The Antonov AN-124 taxis forward and prepares to open its nose for loading of aircraft and equipment from Marine Aircraft Group 24 at Marine Corps Air Station Kaneohe Bay, Saturday. The AN-124 is the world's second largest heavy lift freighter behind the larger AN-225. The helicopters were being flown to MCAS Miramar Calif., where they will be reassembled and flight-tested before flying to Marine Corps Air Ground Combat Center, Twentynine Palms, Calif., to support the Integrated Training Exercise.



PMO



Crime Prevention Tip of the Month

The summer months are upon us, and the Provost Marshal's Office encourages communities to practice extra vigilance to ensure children and belongings remain safe. PMO recommends properly securing all personal belongings, vehicles and garage doors. Every community can do their part to prevent theft or larceny and present a hard target. Be sure to report any vandalism or suspicious activity to PMO by calling the desk sergeant at 257-2123.

PMO contact numbers and locations

To report suspicious activity/behavior or for non-emergency calls, contact the desk sergeant:
257-1018/2123 (building 1096)

For information regarding check in/out, fingerprinting, or weapon registration, contact:
257-6994 (building 1095)

For information regarding pet registration, fishing regulations, or lost/found animals, contact the PMO game warden:
257-1821 (building 3099)

For information regarding vehicle decals, base passes, and vehicle registration, contact:
**257-2047/0183 (building 1637/1095 for MCB Hawaii)
477-8734/8735 (building 601 for Camp H.M. Smith)**

For information regarding traffic regulations, citations, or traffic court, contact the Traffic Court bailiff:
257-6991/6992 (building 1095)

For Crime Stoppers contact:
257-7114

For all other numbers not listed, contact base information:
449-7110

For more information, visit the PMO website:
<http://www.mcbhawaii.marines.mil/Departments/ProvostMarshalsOffice.aspx>

In an emergency, call 911

Join, volunteer for DEFY

The Drug Education for Youth Program is open for children ages 9 through 12. The DEFY program provides children with access and examples of tools and techniques to resist drugs such as developing leadership skills, instilling positive social skills through participation in team-building, conflict resolution, and decision making activities.

Food, drinks, transportation and supplies will be provided. DEFY is seeking volunteer mentors (must meet eligibility requirements). Eligible mentors must be military dependents or a military member and must be able to make a one year commitment to the program. The point of contact for DEFY is Molly Pope at 257-8312.

PMO offers House Check Program

The House Check Program is a Provost Marshal's Office service offered to aid you in the protection of your home and belongings. The purpose of the program is to protect property and prevent or detect burglary, vandalism, and other crimes.

Due to the unique makeup of our community, residents frequently go on leave or deployment and their residence may be unoccupied for extended periods of time.

Please contact the Crime Prevention Section and you will be guided through the process to apply. For more information about the program, call Molly Pope at 257-8312.

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SURE, from A-1

feeling when you go camping or when you go to the beach,” said Mark Marble, the Military Adaptive Sports Program coordinator with the Warrior Transition Battalion at Schofield Barracks. “The sun and water mixing in the air promotes a very healthy well state of mind.”

Marble, who co-founded AccesSurf more than seven years ago and previously served as its president and CEO, currently continues to volunteer with the organization. He said wounded warriors can also benefit from surfing because they are taken out of their familiar, routine environment and they can meet new people.

When Marble was a recreation therapist at the Rehabilitation Hospital of the Pacific, he noticed there weren’t any community programs available on Oahu that provided water activities for the disabled. During AccesSurf events, the families of wounded warriors are also invited to join the fun.

“It’s multifaceted,” Marble said of the benefits. “It’s an incredible experience for them.”

In addition to surfing, participants at these sessions can also stand-up paddle, swim among other activities. The wounded warriors in particular have ongoing sessions throughout the year, on the third Wednesday of every month. Marble said as many as 30 wounded warriors attending each session.

“The third Wednesday of every month is the wounded warrior day and we encourage all the transition units including Kaneohe Bay, Schofield Barracks as well as Tripler Army Medical Center, to surf, stand-up paddle and do all types of ocean activities once a month,” Marble said.

One wounded warrior was able to heal even though his emotional scar came from the water. Marble said he remembered a service member based at Joint Base Pearl Harbor-Hickam last year who couldn’t bring himself to do any water activities because of a traumatic event which cost his friends their lives.

“He did not want to go near the water,” Marble said. “So his therapist brought him out to (AccesSurf). He did like to be by the ocean at the beach but he didn’t like to get in the water.”

The service member chose to walk along the beach, avoiding the water entirely. Marble said within months,



Jay Parco | Hawaii Marine

Petty Officer 1st Class Cody Berg, an aviation warfare systems operator with Helicopter Anti-Submarine Squadron Light 37, pulls an AccesSurf participant into the ocean and assists with transitioning on to a surfboard.

the man slowly started to walk closer to the water, and eventually could wade into the water up to his knees.

“That was a huge thing for him to overcome,” Marble said. “That was a really neat story for him coming out to the program.”

No matter what injury a person may have, Cervantes said the volunteers at the organization help teach and support people who want to learn how to surf. He has been able to surf even though he has issues with his ankle.

“I just want to go there every single time,” he said. “I wish they had (surfing sessions) weekly.”

But the wounded warriors are not the only ones from Marine Corps Base Hawaii taking advantage of the waters. Helicopter Anti-Submarine Squadron

Light 37 sailors volunteer with AccesSurf throughout the year.

“While it is not a command-sponsored program, there is a group of personnel from the command who are very committed to the success of the program,” said Petty Officer 1st Class Cody Berg, an aviation warfare systems operator with HSL-37.

Berg helps coordinate volunteer efforts for the squadron. He said he first started volunteering with AccesSurf when he received encouragement from former Master Chief Jim Lyle.

“I was absolutely amazed at the number of people helping give the participants something that most of us would take for granted — a day of surfing and hanging out on the beach,” Berg said. “After that first (session) I was hooked.”

According to Berg, as volunteers, the sailors do a variety of tasks, from helping with set up to assisting participants as they enter or exit the water. Some sailors are skilled in surfing and help participants as they learn.

Though AccesSurf has professional volunteers in related fields such as therapeutic recreation, but it also trains additional volunteers at the Rehabilitation Hospital of the Pacific.

“These professional volunteers are also assisted by trained volunteers ensuring a safe atmosphere that encourages our participants to reach their highest level of independence,” the website reads.

Whether volunteering or healing, MCB Hawaii members have taken full advantage of the island waters.

Sports & Health



Running for 'Old Glory'

Tyler Hubbard, sprints to the finish line at Hangar 104 during the base's annual Runway Run 5k, July 4. Hubbard came in first place.

**Story and photos by
Lance Cpl. Janelle Y. Chapman**
Marine Corps Base Hawaii

Spectators awaited family and friends at the finish line at Hangar 104, July 4, during the annual Runway Run 5k. Cheers showered the first runner who sprinted through the finish line, made up of a narrow array of orange cones. The cheers grew louder as camera flashes warmly received small groups of runners closing in on the finish.

These runners began their Fourth of July holiday early, heading for the flightline in patriotic gear and sneakers. As they awaited the start of the event, the commentator reminded participants to stretch out and hydrate. He jokingly added, "The corpsman said even Paul Revere stretched when the British were coming," attempting to remind runners of the day's significance with a little humor.

"It's all about America today," said Carlos Martinez, a runner in the race. "I enjoy this event because you always see people you know. I'm here to have fun with some great people."

Martinez ran the race representing America in a sequenced flag vest and top hat, but he wasn't the only runner in red, white, and blue attire. Some donned the colors with tutus and headbands, while some stayed true to simple flag shirts.

Service members, their families and the general public were welcome to run the race. Even young children ran alongside their parents. A few dogs even joined in the race by running with their owners. People flocked all around the hanger awaiting the race's start.

"This is my third year running the 5k," said Tom Hobson, a race participant. "I plan on running again next year."

Each racer wore a time tracker on their ankle during the run. At the finish line, racers stepped on a sensor beneath a red rug that calculated their time using the tracker.

The top three men and women were recognized once all the racers finished. The top three men were Tyler Hubbard in first place, Andrew Taylor in second place, and Makai Clemons in third place. The top three women were Chrishna Wong in first place, Malia Clemons in second place, and Heidi Goedecke in third place.

The Runway Run 5k was part of the 101 Days of Summer program, which promotes alternative activities to at-risk behavior such as alcohol abuse. From now through August, Marine Corps Base Hawaii service members are encouraged to participate in a variety of events, such as the upcoming Camp H.M. Smith Grueler 5k race. For more information about the 101 Days of Summer Program, visit <http://www.mccshawaii.com>.



Carlos Martinez sprints to the finish at Hangar 104 for the base's annual Runway Run 5k, July 4. The run is one of the events in the 101 Days of Summer program.



Service members, military families and civilians gathered at Hangar 104 for the base's annual Runway Run 5k, July 4.



DIETZ



CALLAHAN

Versus is a recurring column tackling debatable issues in the sports and entertainment world. Hawaii Marine readers can submit a subject for future columns by emailing their ideas to HawaiiMarineEditor@gmail.com. If there’s a topic you would like to discuss/defend or if you think we missed the mark, let us know and you could see your “opinion,” regardless of how wrong it is, featured below. Suit up ladies ... it’s game time.

Hollywood: Out of control with remakes?

Cpl. Sarah Dietz VS. Cpl. Matthew Callahan

DIETZ: Hollywood has grown into a place of special effects and no originality. The recent boom in superhero movies is a prime example of the entertainment business losing its creative edge by building off past ideas. Don’t get me wrong, I like a good shoot-em-up superhero movie as much as the next guy. Hollywood has even produced some excellent films, but it’s overkill now. “The Avengers” films were well done and had people excited to visit the theater, but now the talk of more Superman, Batman and Spiderman movies makes me roll my eyes. The last original movie I saw that impressed me was Avatar... in 2009. The most popular superhero characters of this summer were created between 1930-1940. We can’t think of anything more epic than a superhero that fought in World War II?

CALLAHAN: ... Oh shoot, we’re doing this now? Sorry, my brain was just hemorrhaging euphoria over all the dazzle oozing out of the endless barrage of superhero movies the entertainment industry is finally bringing to light these days. Call it a bubble, but man, this thing is TOO BIG TO FAIL. So what if the last nine movies I’ve seen in theaters have been reboots and superhero sequels. The nerds and geeks everyone was quick to shun for the past 20 years ARE FINALLY GETTING THEIR DAY. That day just happens to be seven years long.

DIETZ: Yes we are doing this now... and your creative description of the ridiculous amounts of unoriginal ideas coming out of Hollywood doesn’t make your argument valid, just entertaining. What makes a nerd anymore? Hollywood has overproduced the superhero movies so much, that there is nothing that sets the nerds apart. It’s not a valid argument. Because of the crazy amounts of superhero movies and paraphernalia, the discrimination of true nerd-dom no longer exists. Either everyone is a nerd or no one is.

CALLAHAN: Hollywood doesn’t need to be original to produce great work. You’re sort of sounding like that hipster who blogged for days about how his new iPhone didn’t wake him up in the morning with a back rub and a heads-up display of his sleep cycle plastered on his ceiling. “Where’s the INNOVATION?” folks like you and him bemoan. But really, why alter something that clearly isn’t broken? Tony Stark can probably attest, he’s one of the most intelligently written characters ever. When you can fall in love with a sociopathic narcissist, Hollywood’s doing something right. Totally man-crushing by the way. Love that guy.

DIETZ: Iron Man and Tony Stark were written in the 1960s. Fifty years later is not inventive. Hollywood’s lack of

originality will wear on people soon. I don’t even own an iPhone, you’re being narrow-minded about the entertainment business, that is if you know anything about movies and comic books at all. I did mention before, but I will say it again for your benefit, great superhero movies have come out of Hollywood and I do like the superhero genre, but it’s time to move on, create new heroes, ones modern-day citizens can relate to.

CALLAHAN: If you’re talking about modern day superheroes, I suppose the closest one would be Denzel Washington in “Flight.” I mean, he inverted a commercial airliner and saved a ton of people. He just happened to be a drug and alcohol-addled salt dog. If that’s what you want, sure, but I think the indie film crowd has guys like him taken care of. Sundance anyone? With that in mind, I’m not so sure anyone would want a cut-throat-my-heart-bleeds-for-justice vigilante who also has a sizeable Twitter following and takes selfies of him or herself with the bad guy he or she just pummeled into Tuesday morning. Actually that might be pretty hilarious. For once in a very long time, Hollywood is cranking out movies we actually want to see and they’re doing it on a regular basis. The movies in question just happen to contain a lot of capes, gauntlets and flying folks. That’s just fine with me.

SPOTLIGHT ON SPORTS BRIEFS

Volunteers needed for 2013 Tinman Triathlon

Volunteers are needed for various tasks before, during and after the 2013 Tinman Triathlon, July 28. There are various volunteer opportunities during the triathlon, including run course marshals. High school and college volunteers are needed for four hours at the bike/run transition corral, starting at 5:30 a.m., July 28. Volunteers are sought for manual labor, setting up July 27 from 8:30 a.m. to 12:30 p.m. and breaking down July 28 from 10 a.m. to 2 p.m. Approximately 10 to 15 equipment crew volunteers are needed July 28, from 10 a.m. to 2 p.m., to break down the bike corral, and transport all equipment after the race. T-shirts, vests and arrows will be distributed and must be returned to a coordinator at the bike corral. Provide names, T-shirt sizes and parking passes by July 18. For details, call Joan Davis at 535-9070 or email jrdva4vp@hotmail.com.

Semper Fit Center offers Kid Fit

The Semper Fit Center is hosting its Kid Fit program at the Semper Fit Center gym. Kid Fit is an opportunity for children to learn all aspects of physical well-being. The program includes a combination of warming up, stretching, cardio respiratory fitness, strength and conditioning and cooling down. Children ages 6 to 12 years old are eligible for Kid Fit. Classes are held Monday, Wednesday and Friday from 8:30 to 11 a.m. For more information, call 254-7597.

Tradewind Triathlon breezes in August 11

The Tradewind Triathlon is scheduled for Aug. 11 at 6:30 a.m. Register for the event at Semper Fit Center. For details, call 254-7590.

Join the First Tee of Hawaii

The First Tee of Hawaii is offering its junior golf program free-of-charge to children of active duty, reservist and National Guard service members. The program is open to children ages 7 to 18 at the Bay View Golf Park Driving Range on Kaneohe Bay Drive, Sundays at 11 a.m. The program teaches valuable life skills, and participants learn how to play golf. To register, show up to practice Sundays at 11 a.m. For details, go to <http://www.thefirstteehawaii.org> or call 478-3466.

OPEN TO THE PUBLIC

TRADEWIND TRIATHLON

AT KANEOHE BAY

Sunday • AUGUST 11, 2013

Start Time 6:30 AM • Hangar 101 (Ramp Area)

500-Meter Swim • 11.6 Mile Bike • 5K Run

For more info call 254-7590

Individuals \$40 Military/\$50 Civilian • 3-Person Relay \$60 Military/\$80 Civilian

\$10 Late fee after August 2 @ 4:30 PM

REGISTER & PAY at the Semper Fit Center or at www.mccshawaii.com/races

Online registration closes on August 6 at 4:30 PM

CHECK IN

At 5:00 AM at Hangar 101 Ramp Area. The event begins at 6:30 AM

TRIATHLON

500-Meter Swim + 11.6 Mile Bike Race + 5-Kilometer Run. Participants may enter individually, or as a three-person relay team. For the relay team: one person swims, one bikes and one runs. Cyclist cannot start until tagged by the swimmer in the transition area. Runner cannot begin until tagged by the cyclist. This event is open to the public, military, DoD civilians and their dependents (all non-military participants must be 18 years or older), or have parent or legal guardian's signature for authorization.

FEE & REGISTRATION

- Individuals: \$40 Military, \$50 Civilian
- Triathlon Teams of Three: \$60 Military, \$80 Civilian
- Price includes race t-shirts for all participants. Walk-in registration is accepted at the Semper Fit Center reception desk, Bldg 3037.

- Online registration closes on August 6 at 4:30 PM.
- Late registration starts August 2 after 4:30 PM. (A late fee of \$10 will be charged & no shirts guaranteed). Make checks payable to MCCS 0910. Call 254-7590 for more information.

PACKET PICK-UP

Pick-up will be at the K-Bay front gate for civilians on Thursday, August 8 from 10:00 AM - 5:00 PM; at Kaneohe Bay, Semper Fit Center for Military, on Friday, August 9 from 9:00 AM - 4:00 PM.

Safety

Safety is our #1 concern. Road guards and medical personnel will be posted at various points throughout the race course. Participants are responsible for their own physical condition. Participants' bikes must pass a safety inspection. Inspections will be held at the bike staging area, by the transition area. They will be provided from 5 AM - 6 AM prior to the start of the race. Bicycle helmets must be worn by all cyclists. Bicycle repair kits are highly recommended.



Class participants hop, lift, and push themselves through exercises during the High Intensity Circuit training class at the Semper Fit Center gym, Tuesday.

Go high or go home

**Story and photos by
Lance Cpl. Janelle Y. Chapman**

Marine Corps Base Hawaii

Sweat covered the floor and dubstep music coursed through the bodies of all participants in the gymnasium during the High Intensity Circuit training class at the Semper Fit Center gym, Tuesday. Service members and dependents and other eligible participants attended the hour-long class.

Before the class began the instructor, Michelle Lee Dominique, went through the entire circuit, demonstrating each exercise. The 30-exercise circuit was set up around half of the basketball court.

“This class is my baby,” Dominique passionately said. “It works well and works best when added to a daily workout routine.”

When told to start, the participants began the exercises at their designated stations. Each exercise was only done for one minute but that didn’t cut down the intensity of the workouts. It was a continuous exercise and when time was up, they moved to the next exercise.

“If you’re looking for a challenge, this is that class,” said Brandi Falcon, a class participant. “It’s a total body workout that will wear you out.”

Throughout the class, Dominique assisted and re-demonstrated exercises to individual participants. She also ran around the stations to give advice, encouragement and additional exercise examples. She continued to pushed people to their limits yet cheered them on with her energetic personality.

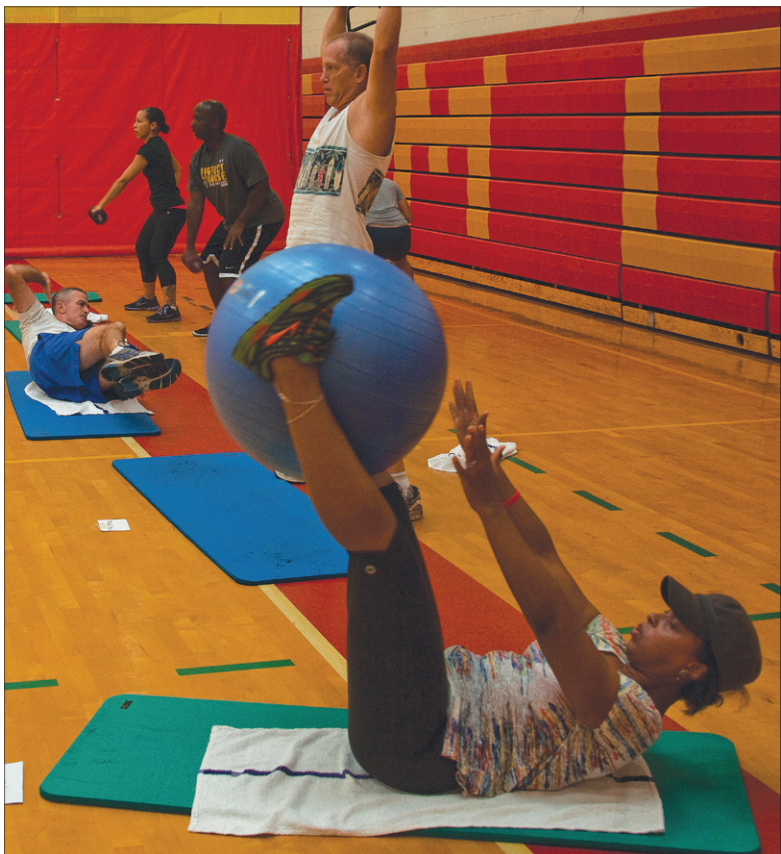
“She’s very motivating,” Falcon said of the instructor. “She helps with your technique or if you don’t remember how to do an exercise. She helps you do it properly.”

The class took simple, well-known exercises and gave them a twist. Some of the exercises required equipment like kettle bells and medicine balls. Participants were given a one-minute break halfway through the class, so they could drink water and catch their breath.

“I love the classes,” said Eden Herrera, a class participant. “It switches things up and gives you a good sweat. I’ve seen a lot of improvement.”

The class is every Tuesday and Thursday at 11:30 a.m. in the gym at Semper Fit.

Class participants hop, lift, and push themselves through exercises during the High Intensity Circuit Training class at the Semper Fit Center gym, Tuesday.



LITTLE BOWLERS LEARN BIG LEAGUE TIPS

Children in the inaugural Summer Bowling Clinic stand with their certificates of completion at the K-Bay Lanes bowling alley. The students spent four weeks in June learning the basics of the game and how to handle bowling equipment. The recent graduates are: (from left to right) Miles Kunimura, Mathew Harvey, Naomi Kunimura and Alex Long. The bowling alley hosted another clinic that began July 10.



Courtesy Photo | K-Bay Lanes



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‘101 Days of Summer’ goes full teams ahead

Christine Cabalo
Marine Corps Base Hawaii

Team tournaments are back in the game and reinstated for this year’s “101 Days of Summer” sports season.

“At the start of this summer we thought we would have to run our ‘101 Days of Summer’ without the four team sport tournaments due to budgeting issues and the sequestration,” said Neil Morgan, the health promotion coordinator for Marine Corps Base Hawaii. “We did not have the funds to pay the referees.”

Saved from getting sidelined, Morgan recently announced the tournaments are back on for teams in basketball, softball, soccer and flag football. The first of the tournaments starts Monday, with five-on-five teams for basketball at Semper Fit Center. Teams played preliminary games Thursday to determine the tournament schedule.

Several players said they are happy to get off the bench and feel the team spirit again. Keevan Woods, a Marine and native of Selma, Ala., has played twice before in the annual summer tournament and regularly practices with his team.

“I was very depressed,” Woods said. “ I live for playing basketball, and I knew there were a lot of sad people when they first announced the tournament was cancelled.”

Woods noticed the tournament was back on after seeing announcement fliers at Semper Fit Center during his daily practice. Woods said he immediately began scheduling secret practices to prepare his team. Even in the off-season period, Woods said he coaches a full roster of players. He runs practices like

a traveling basketball team.

“We go full-throttle, drilling like college teams do,” he said. “We’ll scrimmage for two hours a day, although not always all together because our schedules can be tight.”

Other players said they were surprised but glad the team tournaments would continue. Desmond McDaniel, a sailor and native of Columbus, Ga., said he’s eager to play but didn’t hear about the change until earlier this week.

“After the announcement, it’s a short time to prepare,” he said. “Most of my team is on leave, and we could have prepared better.”

McDaniel initially planned to practice during the summer so his team could be ready for the next intramural basketball season. He said he’s glad the summer tournaments will continue, especially because he’s participated in the basketball tournament since 2009.

“The ‘101 Days of Summer’ tournament is important because it gives you time to work out plays for intramural leagues,” he said. “Also, (the tournament teams) are the all-star teams. The level of play is different from playing in the intramural leagues where all beginning levels play.”

Both McDaniel and Woods said the team tournaments are a great morale-boosting summer activity. Woods said he was especially keen to play, since his team made it to the semi-finals in 2012. He said his team is looking to overcome the heartache of last year, after losing the semi-finals only because of points scored from a buzzer-beater shot from their opponents.

Woods said he feels his team can go all the way to the finals, since they play regularly and participate in

off-base league games.

“We have really good defense,” he said. “Our players get a thrill of stopping people from making a basket and raining on the other team’s parade.”

Ready or not, the basketball players will battle for the top spot as the tournament runs until July 27. Then the next series of tournaments begins with the six-player flag football games July 30. Soccer and softball tournaments are scheduled for August.

With a change in the game plan, all team players have a sporting chance for summer sports glory.



Photos by Christine Cabalo | Hawaii Marine

Keevan Woods dribbles down the court in a practice game held Wednesday at the Semper Fit Center gym. He and several other players from Headquarters Battalion will be playing in the ‘101 Days of Summer’ five-on-five basketball tournament that begins Monday.



Keevan Woods attempts to make a basket while his teammates try to block him during practice held Wednesday night at the Semper Fit Center gym.

VOLUNTEER OPPORTUNITIES WITH NMCRS K-BAY

The Navy-Marine Corps Relief Society is a nonprofit organization run by volunteers that aids and supports Marines, sailors and their families. It offers financial counseling, Budget for Baby workshops, education tuition scholarships/assistance and interest-free loans and grants. The society is constantly looking for individuals who would be interested in helping with various programs. Call 257-1972 or email lauren.giblin@nmcrcs.org for more information.

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UH Baseball wins 3 straight

By Billy Hull
bhull@staradvertiser.com

One or two out of every 10 calls that Honolulu Police Department Lt. Dien Shearer answers on any given night in Waikiki is related to homelessness.

Just after sunset on a recent Wednesday, he already had handled about four calls ranging from stealing and harassment to disorderly conduct. As he strolled the beat, Shearer pointed out numerous homeless camps and begging spots on Kalakaua Avenue.

Look," Shearer said as he passed a van parked near Kapiolani Park. "I see utensils so someone is probably living there, too."

"Shearer easily spots the signs because he was briefly a young police recruit.

like," he said. "I was k

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COMMUNITY AND VOLUNTEER BRIEFS

See free hula performances in Kailua

The "I Love Hula" series showcases a different hula group performing each month. Most shows occur on the second Sunday of the month at 3 p.m. along Kailua Road near Macy's. The next shows are July 14 and Aug. 11. For more information, see <http://kailuatown.net/kailuahula.php>.

Go on a free ArtSpree with the Honolulu Museum of Art

The museum celebrates ArtSpree on July 21 starting at 10 a.m. ArtSpree is an annual one-day arts festival at historic Spalding House in Honolulu.

See free musical performances, aerial acrobatics, make your own instruments and enjoy kid-friendly food. The museum will also host its free Family Sunday event at its Beretania Street location on the same day. Shuttles will run from Spalding House and the museum. Visitor parking available at Punahou School. For more information, call 532-8700.

Experience Korea at annual Korean Festival

Experience one of the largest cultural festivals of the year in Hawaii, the 12th annual Korean Festival, Friday to Saturday at Kapiolani Park and Bandstand. On Friday, there is a free showing of the movie "Forever The Moment," the true story of the Korea women's handball team which competed in the 2004 Summer Olympics. Food booths open at 4 p.m., and the movie will begin at 7 p.m.

The Korean Festival features an array of entertainers and features performances such as taekwondo (Korean martial arts) demonstrations, and Korean fan and drum dances. There will also be interactive activities, such as Korean cooking lessons and a kim chi eating contest. Music and acting star Kim Tae Woo will be headlining a free concert at the park on Saturday at 7 p.m. Free parking is available around Kapiolani Park and at Kapiolani Community College. A free shuttle will be available for those parking at KCC. For more information, visit <http://www.koreanfestivalhi.com>.

Kokua Hawaii Foundation seeks volunteers

Kokua Hawaii Foundation is currently recruiting volunteers to join its AINA In Schools (Actively Integrating Nutrition and Agriculture In Schools) docent teams for our partnering schools for the 2013-2014 school year. The opportunity is a school year-long commitment. The intent of the program is to connect children to their land, waters and food to grow a healthier future for Hawaii.

No experience is necessary. The foundation will train volunteers to teach nutrition lessons for grades 2 and 6, or garden lessons for kindergarten and grades 1, 3, 4 or 5. Docent teams will teach these hands-on, cross curricular, standards-based lessons one day a month. Interested volunteers must be able to attend the first of four quarterly trainings in August and September for the component they are interested in (Gardens or Nutrition) and commit to a docent team from August 2013 to May 2014. For more information please email volunteer@kokuahawaiifoundation.org.

MarForPac Band summer concert series

The U.S. Marine Corps Forces, Pacific Band will be performing free today in Mololani Park, from 6 to 7 p.m. The venue is located at the corner of Lawrence and Campion Roads in Forest City housing area. Blankets, chairs and coolers are welcome. Call 254-7679, with questions.

Art gallery hosting "On Paper II" exhibit

Andrew Rose Gallery is hosting an exhibit called "On Paper II," is scheduled from July 15 to Sept. 27, with a reception on July 18. The exhibit presents paintings, drawings and prints on paper by gallery and invited artists. Hours of operation are Monday through Friday from 11 a.m. to 5 p.m., and by appointment. Parking is left at Alakea Street before Hotel Street. For more information, contact the gallery at press@andrewrosegallery.com or 599-4400.

Visit the 51st Annual Hawaii State Farm Fair

See Hawaii's best animals and fresh produce at the fair held Saturday and Sunday at Kualoa Ranch. The fair runs Saturday from 9 a.m. to 7 p.m. and Sunday from 9 a.m. to 5 p.m. There is an admission fee. Children and students of any age with student ID get in free. The fair will also feature demonstrations, food trucks, kiddie rides and more. For more information, see the fair website at hbf.org.

Celebrate Amelia Earhart's 116th birthday

The Pacific Aviation Museum is honoring the famous aviatrix with several birthday festivities July 24 from 9 a.m. to 1 p.m. Free admission for families with at least one family member dressed as Amelia Earhart. Those in costume have a chance at winning one of three top prizes and goodie bags.

Enjoy birthday cake and take photos with re-enactors. Parking is available at the Pearl Harbor Visitor Center. No purses or bags allowed on the shuttle. For more information, call 441-1004 or see www.pacificaviationmuseum.org.

Spend the summer at Blue Star Museums with free admission

From Memorial Day to Labor Day, Blue Star Museums offers free admission to more than 1,800 museums. The offer is extended to active duty military, including Army, Navy, Air Force, Coast Guard, Marines, National Guard, and Reservists with up to five family members. Text BLUE to 411247 to join Blue Star Families and receive SMS broadcasts about special events, news, sweepstakes and stories written by and about military families. Go to <http://www.arts.gov> for more information.

Hawaii Theatre Center hosting auditions for 2013-2014 student theater acting, apprenticeship programs

The Hawaii Theatre Center will hold auditions Aug. 12 for its 2013-2014 Hawaii Theatre Young

Actors Ensemble, an acting program for high-school students. The Theatre also is scheduling interviews for the Technical Theatre Apprenticeship program (for teens ages 13 to 18). The audition and apprentice interview schedule Monday, Aug. 12 onstage at the Hawaii Theatre. The Hawaii Theatre Young Actors Ensemble auditions for ages 13 to 18 are from 4:30 to 6:30 p.m. Apprentice interviews for ages 13 to 18 are from 6:30 to 7:30 p.m. Register by Friday, August 9. The programs are open to all Oahu students, and no experience is necessary. For information or to register for auditions and interviews, call 791-1397 or email eden-leemurray@hawaiiitheatre.com.

Veterans Entrepreneurship Program

Applications are now being accepted for the Veterans Entrepreneurship Program through midnight Oct. 1. The VEP is an intense, eight-day training program at Oklahoma State University, which will cover topical modules comprising the critical areas of success for new and early stage ventures.

These eight days are preceded by a five-week self-study component and are then followed by a 10-month period of mentorship and online peer-to-peer networking. Applications are online at <http://entrepreneurship.okstate.edu/vep>. Contact Riata Center for Entrepreneurship at 405-744-7552, or email vep@okstate.edu for more details.

Register for August AFCEA luncheon

The Armed Forces Communications and Electronics Association luncheon is scheduled for Tuesday, Aug. 13 at the Hale Ikena Club, Fort Shafter. Check-in starts at 11 a.m. and the buffet will be available at 11:30 a.m. The guest speaker is Rear Adm. Frank Ponds of Navy Region Hawaii. There is a fee for AFCEA and non-AFCEA members. For more information, visit <http://www.afceahawaii.org> or contact: Barry Fong, barry.fong@twtelecom.com or 441-8565. The point of contact for registration is Ken Wiecking at ken.wiecking@twtelecom.com or call him at 441-8524.

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Hawaii Marine Lifestyles

Chill-axing with MAG-24



Sgt. David Revels, an avionics technician with Marine Light Attack Helicopter Squadron 367, serves chili during the Marine Aircraft Group 24 chili cook-off at Dewey Square, July 3.

MAG-24 units compete in chili cook-off

**Story and photos by
Kristen Wong**

Marine Corps Base Hawaii

More than 40 teams spiced up an otherwise regular family day at Dewey Square with a chili cook-off, July 3.

Marines and sailors from Marine Aircraft Group 24 and their families kicked off their Fourth of July weekend competing for prizes in various categories.

While the chili contestants put the finishing touches on their tables, members of the U.S. Marine Corps Forces, Pacific Band belted out familiar musical numbers, children marched in a mini-parade around the square, and Col. Paul Fortunato, the commanding officer of MAG-24, made a few remarks.

This was the very first competition for some of the chili contestants, like Sgt. Michael Moody, a heavy equipment mechanic for Marine Wing Support Detachment 24. Moody said he enjoys cooking and wanted to give the competition a try. His strategy included using steak instead of ground beef for the chili.

Various contestants found unique ways to market their chili to folks. Lt. Cmdr. Joshua Potocko, a flight surgeon with Marine Light Attack Helicopter Squadron 367, used his medical background as part of his theme for "Medical Grade Chili," using different types of medical equipment to hold and dispense chili ingredients. Potocko, dressed in a lab coat, while measuring and dispensing each ingredient with a syringe. Potocko said he had never competed in a chili cook-off before. In order for him to prepare for the competition, Potocko credited trial and error, and experimentation.

Several competitors wore costumes to complement their chili, such as members of team "TuTu Delicious," who wore



Lt. Cmdr. Joshua Potocko, a flight surgeon with Marine Light Attack Helicopter Squadron 367, mans his chili station during the Marine Aircraft Group 24 chili cook-off at Dewey Square, July 3.

American flags in their hair and pink tutus. TuTu Delicious claimed the title of "best tasting chili" at the cook-off. The members of "Yeti's Bowls of Steel" wore fitness gear and wigs. The members of "Explosion" consisted of service members working in the ordnance department of Marine Aviation Logistics Squadron 24. In the spirit of Fourth of July fireworks and an ordnance theme, "Explosion" wore party hats, leis and colorful mustaches.

Some competitors were no strangers to chili preparation, and put their knowledge and experience to the test.

"I've been cooking chili all my life," said Sgt. Nathan Grove, the force deployment planning and execution chief at Marine Aircraft Group 24. "Hopefully it'll come out really well."

Grove, of Commerce, Texas, used recipes he learned from his hometown, and

paid tribute to the first chili cook-off in Texas by cooking traditional Terlingua chili, referring to Texas mining district Terlingua, where two popular chili cook-offs occur annually.

Like Moody, Grove explained that steak is more commonly used in preparing competitive chili, as opposed to regular ground beef. Grove and his team were meticulous in their preparation, with some team members portioning spices while others cut the meat into cubes. Grove agrees with the saying "You can cook my recipe but you will never be able to cook my chili." In other words, chili can taste different among cooks even though they use the same recipe, because the cooking process varies, such as the timing in adding spices.

He said the competition was an opportunity to build camaraderie and promote esprit de corps. Grove's team, called "3-mile runs," combined the Marine Corps' fitness standards with spicy chili.

Sgt. David Revels, an avionics technician with HMLA-367, required every Marine who tried his chili to sign an initial waiver, should the chili cause harm. The native of Gastonia, N.C., said he knew he had a hot chili and decided to enter chili made from a secret family recipe. Several brave souls who took on the "Lethal Injection" chili challenge truly felt the burn.

"(The chili is) way hotter than I expected," said Sgt. Darren Terry, a supply clerk at MWSD-24. "One of the hottest things I've ever tasted in my life. It's good but it's bold. No doubt the hottest one here."

Terry joked with fellow colleagues as tears rolled down his cheeks, and he reached for cornbread to extinguish the fire in his mouth.

Opinions about each chili varied among the taste testers.

"Yeti's Bowls of Steel" chili is the best in the world by far," said Capt. Dan Murphy, the aviation safety officer of MAG-24, who sampled the "Yeti" chili. "(The chili has the) right amount of heat (and the) right amount of cool."

As the day wore down, several teams walked away with special prizes, dominating in each of the categories of the cook-off.

- | |
|--|
| Best Tasting-
1st Place: TuTu Delicious (MALS-24)
2nd Place: Secret Chili #9 (MAG-24 HQ)
3rd Place: Yeti's Bowl of Steel (HMLA-367) |
| Hottest Chili-
Sgt David L. Revels (HMLA-367) |
| Best Theme-
Buffalo Banditos (HMLA-367) |
| Best Side-
Yeti's Bowl of Steel (HMLA-367) |



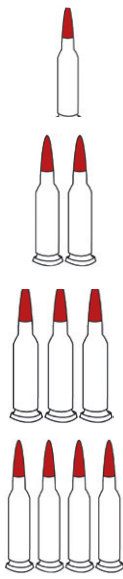
ABOVE: Kim Bignell, a member of the "Nutz" team, pours chili into a cup during the Marine Aircraft Group 24 chili cook-off at Dewey Square, July 3.

PASS IN REVIEW

Your weekly guide to the best aspects of entertainment

Welcome to the Pass In Review, your No. 1 source for cinema, music, video game, book and product reviews. The Pass In Review crew consists of more than 10 critics, each with their own idea of what makes a movie, album, game, product or book great. So be sure to take advantage of the Better Know A Critic section, which spotlights this week’s critics to better help you choose the critic with opinions most like your own. Using our breakthrough four-point scale system, you can quickly decipher what is worth your time and what isn’t, or read the full review for an in-depth analysis and explanation of the rating. The rating system uses ammunition and range terminology, so if you’re not familiar, here’s a quick breakdown of the ratings ...

- 1/4 — No Impact, No Idea**
Horrendous. Among the worst of the worst in its genre. Dedicating time to this is not only wasteful, but unforgivable. Avoid at all costs.
- 2/4 — High And To The Right**
Mediocrity at its best. Lacks a few things that might have made it really good. A decent time waster, partake only if there’s nothing better to do.
- 3/4 — On Target**
Praiseworthy. A great endeavor, not quite an instant classic but still very entertaining. This is a sound investment of your time.
- 4/4 — Confirmed Kill**
Genius. In the top 10 percent of its genre. This is the stuff legends are made of. Missing out on it would be a disservice to yourself.



So, there you have it and we hope you enjoy our weekly reviews. Don't forget, the Hawaii Marine accepts submissions from its readers so if you consider yourself a film buff, music aficionado, gaming geek or bookworm, feel free to submit your own reviews.

Better Know A Critic



DIETZ

Cpl. Sarah Dietz enjoys a good movie that makes sense. She looks for creativity in individual films and looks specifically at characters who are believable and passionate. She enjoys all genres. She would prefer to avoid horror but will endure it if the audience needs a critic.

American classic turned ... Meh

Cpl. Sarah Dietz
Marine Corps Base Hawaii

The 1930’s “The Lone Ranger” radio show inspired children during America’s most devastating times in the nation’s history, the Great Depression and World War II. The inspiration encouraged children to hope, because no matter what, the good guy always won in the end.

The show grew into a comic book and television series and the “Greatest Generation” still talks about growing up with the dynamic duo.

Hollywood took a beloved story and made it mediocre in the newly released movie “The Lone Ranger.”

The movie is definitely action-packed with a ton of fight scenes, explosions, train robberies and a manhunt. Yet what the movie boasted with the action, it lacked in drama.

Johnny Depp, who played Tonto, saved the movie with



the same-type ridiculous, space cadet humor most know from his role as Capt. Jack Sparrow in “Pirates of the Carribean.” However, it wasn’t supposed to be a story of Capt. Jack, it’s supposed to be an American classic.

The movie starts out at a fair in 1933, where a young boy who idolizes the Lone Ranger meets Tonto, who appears as an old man pretending to be a mannequin in a Native American display at a museum. Why? How? No one knows and it was never explained.

Tonto tells the boy the story of his adventures with the Lone Ranger back in the day and that’s where the movie takes off.

We learn the ranger started off as a by-the-book lawyer, John Reid (Armie Hammer), who watches his brother’s murder and his heart eaten by the most wanted man in the West, Butch Cavendish (William Fichtner).

Tonto saves John because a horse tells him to. The horse is revered by Tonto

as a spirit horse, which can somehow climb trees and rooftops and eats scorpions and saves the day every time the duo is in trouble.

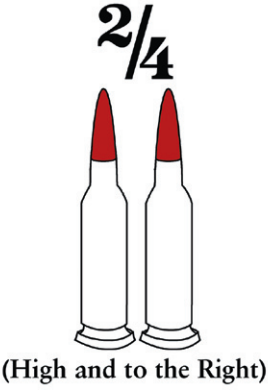
Reid and Tonto become partners and hunt down Cavendish, finding him at a silver mine, unraveling a plot involving corrupt and greedy law officials.


While the pair attempt to save the day, they also have to save Reid’s love, a woman he loved in the past who got caught up in the duo’s misadventures.

The film lacked development between the Lone Ranger and Tonto. I was waiting for them to form a brotherly bond, but it was anticlimactic. The movie left us assuming they were best friends by the end. I was also disappointed in the character development of the Lone Ranger himself; he seemed like a pretty dry character.


The love story was also never thoroughly explained. I was left hanging with the Lone Ranger’s relationship, once again.

The movie was not bad, it is action packed, funny and has an interesting plot, but it needed more substance, better actors and character build up. I would suggest renting it or streaming the movie online verse paying to watch the film in theaters.





Prices: All shows are \$3.25 for adults and \$2.25 for children. For ticket pricing, the Base Theater Box Office defines an adult as a patron 12 and older and defines a child as a patron from 6 to 11. Children 5 and younger are admitted free of charge. Parents must purchase tickets for R-rated movies in person at the box office for children 16 and younger. Patrons must present their military identification card when purchasing tickets. Call **254-7642** for recorded information.



“Now You See Me” PG-13 Today | 7:15 p.m.

“The Purge” R Today | 9:45 p.m.

“The Internship” PG-13 Saturday | 7:15 p.m.

“This is the End” R Saturday | 9:45 p.m.

“Man of Steel” 3D PG-13 Sunday | 2 p.m.

“After Earth” PG-13 Sunday | 6:30 p.m.

“The Purge” R Wednesday 6:30 | p.m.

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WEEK 15



MARINE CORPS ENERGY

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Swim Safely

The U.S. Consumer Product Safety Commission reminds you this summer to:

- Never leave children unattended at the pool or near any body of water
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